

ALOHA KAKAHIKA (GOOD MORNING)

ACTIVITIES AND LEISURE

ALL PRICES SUBJECT TO SALES TAX WHEN REQUIRED BY LAW

24 Hours	EXPLORE HAWAII ON THE WORLD WIDE WEB. Still looking for things to do on the islands?? Come to the Internet Café on Deck 7 and research things to do on the Big Island and Maui: Research local attractions, check the weather or rent a car on-line. All this and more are available to you 24 hours a day at the Internet Café.	
24 Hours	GYMNASIUM & FITNESS CENTER	Fitness & Aerobics Center, Deck 11, Fwd
Continuous	Information on all your upcoming ports of call.	Stateroom TV, Channel 24
Continuous	Video: "Hawai'i" <i>The Big Island, Land of Destiny</i>	Kumu Cultural Center, Deck 7, Mid
Continuous	Pride of Aloha Safety Video	Stateroom TV, Channel 27
Morning-Noon	"Good Morning Aloha" with your Cruise Director, <i>Clint</i>	Stateroom TV, Channel 30
7:00am-9:30am	SHORE EXCURSION DESK is OPEN	Aloha Atrium, Deck 5, Mid
8:00am	Freestyle Jog a mile/Walk a mile (3.5 laps is 1 mile)	Promenade, Deck 6
8:00am-10:00pm	MANDARA SPA & SALON is OPEN - Benefits from the Sea: Mandara Spa, Deck 11, Fwd Our Aroma Spa Ocean wrap includes an ocean blend detoxification wrap, followed by a 20 minute Massage, for only \$143. You deserve to feel THIS good!	
8:00am-11:00am	GALLERIA GIFT SHOP is OPEN Go to Friday's Luau in style. Shop Tori Richards, the leading designer of resort casual wear!	Galleria Gift Shop, Deck 7, Aft
8:00am	Step Aerobic - beginner to intermediate level -- \$10	Fitness Center, Deck 11, Fwd
8:00am-11:00am	First Wave - Bloody Mary's & Screwdrivers \$5.25 served in an 8 oz. Glass.	All Open Bars
8:30am	Talk Story with your Hawaiian Ambassador Join <i>Malu</i> as she talks about the Port we are visiting today!	Kumu Cultural Center, Deck 7, Mid
9:00am	WELCOME TO HILO!! Remember to carry your Pride of Aloha guest Key Card and a photo I.D. ashore. If you are on a Shore Excursion, please refer to your tour ticket for the meeting time and location. <i>All Aboard for guests is at 5:30pm.</i> Enjoy your day!	
9:00am	PILATES with your Fitness Staff Take advantage of this core strengthening class through mat exercises!-- <i>Complimentary</i>	Fitness Center, Deck 11, Fwd
9:00am Continuous	FREE Shuttle to Hilo Hattie <i>The Store of Hawaii</i>	On the Pier
Upon Arrival	Port and Cruise Consultant - Questions about Hilo? Ask <i>Grant</i> on the Gangway.	Gangway
10:00am-Noon	Library is open for book, card and game check out.	Library, Deck 6, Aft

ALOHA AUINALA (GOOD AFTERNOON)

3:00pm	Hula Class with your Hawaiian Ambassador, <i>Malu</i>	Outrigger Lounge, Deck 11, Fwd
3:00pm	Fine Art Enrichment Lecture with <i>Dr. Lida Chase</i> "Images of An Earthly Paradise: Viewing fine art about Hawaii throughout history"	Kauai Room in the Library, Deck 6, Aft
4:00pm	HAWAIIAN ARTS & CRAFTS Make <i>Ribbon Weave Leis</i> with Hawaiian Ambassador, <i>Malu</i> . <i>*Class will start on time. Due to time restraints, late-arriving guests cannot be accommodated.</i>	Outrigger Lounge, Deck 11, Fwd
4:00pm-6:00pm	Library is open for book, card and game check out.	Library, Deck 6, Aft
4:00pm-9:00pm	SHORE EXCURSION DESK is OPEN If the desk is closed, please use the DROP-BOX for Reservations or Cancellations.	Aloha Atrium, Deck 5, Mid
4:00pm	Ping-Pong Tournament with your <i>Cruise Director's Staff</i> .	Pool Deck, Port, Deck 11, Fwd
4:00pm	"Hawaiian Colorful Coral Reef Fish" with <i>Josh Whitmer</i> from the <i>Pacific Whale Foundation</i> .	Kauai Room in the Library, Deck 6, Aft
4:30pm	SPORTS TRIVIA with your <i>Cruise Director's Staff</i> .	Longboard Bar, Deck 11, Aft

Kona is world renowned for great golfing.

Stop by the Golf Hawai'i Shop to find out about the great golf courses available tomorrow in Kona:

* *Golf Mauna Lani Resort*

* *Hapuna Course*

* *Golf Big Island Country Club*

The Golf Hawai'i Shop is located on Deck 7, Midship.